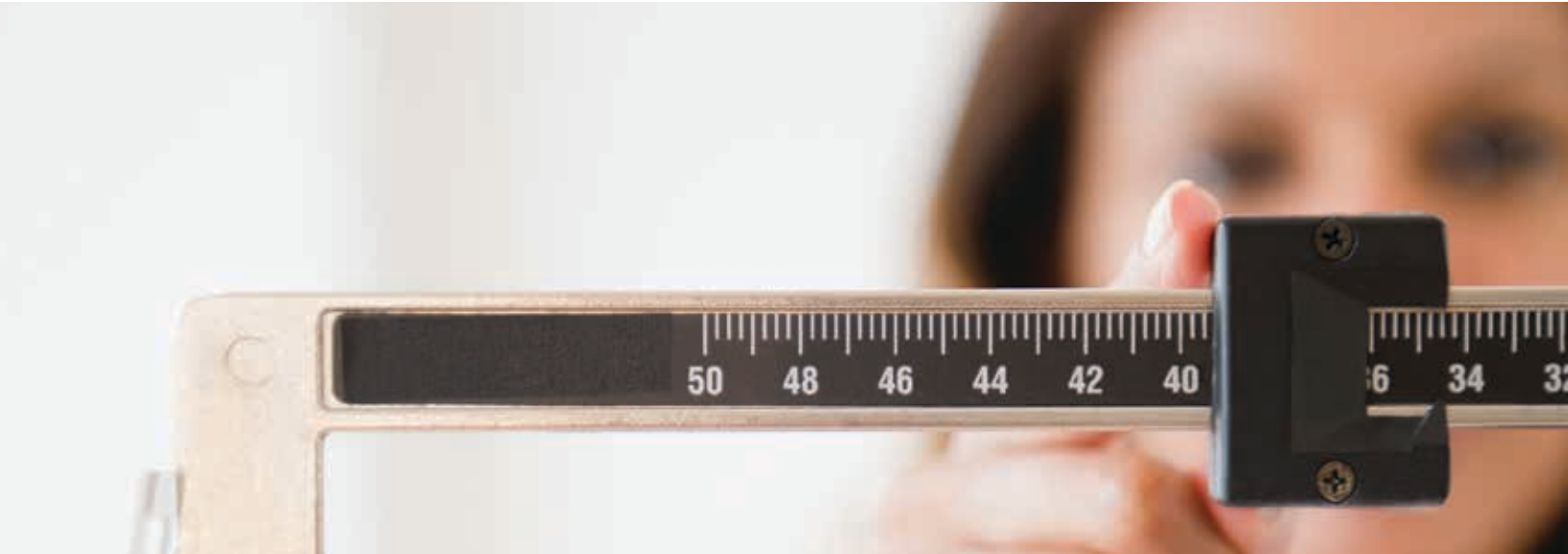




Bariatric Surgery Services



Millions of Americans struggle to lose weight, but those who are morbidly obese—at least 100 pounds overweight, or twice their normal body weight—run the risk of developing life-threatening conditions and even dying unless they reduce their weight. If you are significantly overweight and have tried unsuccessfully to lose weight, weight loss surgery—also known as bariatric surgery—may be right for you.

The UC Irvine Health H.H. Chao Comprehensive Digestive Disease (CDDC) surgical weight loss team offers you the most successful and least-invasive weight loss surgery options. Our patients safely shed excess pounds and experience a dramatic improvement in weight-related health problems. Our highly skilled team also specializes in managing complications from previous weight-loss surgery.

We will work with you to develop a treatment plan tailored to your individual needs.

Why choose us

The nationally accredited bariatric program at CDDC includes doctors, nurses, social workers and dietitians to evaluate and support you before and after surgery, giving you the greatest chance of weight loss success. Our surgeons specialize in the most advanced, minimally invasive weight-loss procedures in Orange County.

Accredited by the American College of Surgeons, our program is certified as a Level 1 bariatric surgery center, which recognizes that we have the skill, experience and latest technology to deliver the highest level of personalized bariatric care. We have also

Conditions

Morbid obesity can lead to such life-threatening conditions as diabetes, heart disease, high blood pressure, joint problems, gall bladder disease, sleep apnea and premature death. Obese individuals are at far greater risk of dying from coronary artery disease, hypertension (high blood pressure), type 2 diabetes and certain cancers. Bariatric surgery patients not only lose significant weight, studies show they also experience a 60 to 80 percent improvement in obesity-related health problems.

Body mass index (BMI) is a measure of body fat based on height and weight. You may be a candidate for bariatric surgery if you have a BMI of 40 or more or if your BMI is 35 or more in combination with such health problems as high blood pressure, cardiovascular disease or diabetes.

been designated as a Blue Distinction® Center+ for bariatric surgery by the Blue Cross Blue Shield Association.

Throughout your journey to health and body transformation, we provide full service, personalized care, including nutritional guidance as well as psychological, physical and social support.

Treatments

Our board-certified bariatric surgeons offer a variety of options to help you achieve your weight loss goals:

- Adjustable gastric banding: This procedure uses a band that cinches the stomach to reduce its capacity.
- Roux-en-Y gastric bypass: This surgery decreases the stomach size and bypasses part of the intestine.
- Vertical sleeve gastrectomy: The stomach is reduced to a smaller, tube-shaped organ.
- OverStitch™ Endoscopic Suturing System: A minimally invasive approach to revise (or tighten) areas of the stomach that may stretch after a sleeve gastrectomy.
- VBLOC® therapy: Uses an FDA approved implantable device that suppresses appetite communication signals between the brain and stomach.

Throughout your care, our team works with you to ensure your health and comfort. After weight loss, we assist with aesthetic concerns, including body contouring to remove excess skin.

Patients sometimes may need a second surgery because of poor weight loss, regained weight or complications from the original surgery. If you have had a weight-loss procedure performed elsewhere, we also specialize in revisions of prior weight loss surgery.

Team

Renowned physicians

CDDC team members include highly skilled physicians who have repeatedly been named Best Doctors in America® in national surveys of their peers. Our bariatric surgeons are

leaders in the use of keyhole-sized incisions rather than traditional, open surgery.

Sources of support

UC Irvine Health ensures a smooth psychosocial transition through your preoperative visits, surgery and post-clinical experience. A licensed clinical social worker will meet with you at your initial evaluation and will be available throughout the preoperative and postoperative process. We also offer monthly support group meetings for patients planning bariatric surgery and for those who have had the surgery.

Nutritional therapy

Our dietician will meet with you to discuss preventing nutritional deficiencies, preventing or alleviating discomfort or intolerances, promoting safe and successful weight loss and teaching appropriate eating and behavior modifications.

About UC Irvine Health

UC Irvine Health offers the most innovative and complete care to the people of Orange County and beyond. Our expert primary care physicians and world-class specialists collaborate to give you seamless healthcare. Our primary care physicians are passionate about keeping you healthy and preventing disease. Patients with complex medical conditions benefit from immediate access to our world-renowned specialists and a nationally recognized cancer center. UC Irvine Health physicians, who train the doctors of tomorrow, consistently provide a higher level of care not readily available at community hospitals.

Contact us

For more information or to schedule a consultation:

714-456-7013 | ucirvinehealth.org